
Bloodroot

(Sanguinaria canadensis)



- Bloodroot is a shade-loving woodland plant.
- The delicate flowers, with 8-12 white petals and yellow stamens, last for only a few days in spring.
- The single leaf has a distinctive lobed shape.
- Pollinated by small bees and flies.
- Ants disperse the seeds.



- Bloodroot's name comes from its red rhizome and bright orange/red sap.

Interesting facts

- The plant is poisonous (do not eat!) and the sap may cause skin and eye irritation (it is a member of the poppy family).
- North American indigenous peoples used bloodroot for ailments, such as asthma, bronchitis, and fevers.
- Members of the Ponca tribe used it as a love charm.